

## CURRICULUM VITAE and LIST OF PUBLICATIONS

# Prof. Avi Besser Ph.D.

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### Personal Details

Name: Avi Besser

Date of Birth: January, 26, 1967, Dimona, Israel

Marital status: Married + 2

Military Service: 1985–1988

Present Institute/Affiliation Address: Sapir Academic College,

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Current Position: **Full Professor of Psychology**

Chairman, Center for Research in Personality, Life Transitions, and Stressful Life Events, Sapir Academic College

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### Education

- B.A.** 1988–1991 B.A, *Cum laude*  
Behavioral Science Department Ben–Gurion University of the Negev, Israel.
- M.A.** 1992–1995 M.A, *Cum laude*  
Behavioral Science Department Ben–Gurion University of the Negev, Israel.  
Major field of Study: Organizational Psychology  
Thesis field of Study– Cognitive Psychology: ‘Compensation in stereoptic stimuli evaluation when observed from an incorrect viewing orientation.  
Advisor: Prof. David Leiser
- Ph.D.** 1995 – 2000  
Field of Study: Vulnerability to Postpartum Depression.  
Thesis: ‘Self–Criticism and Dependency– A model of mood–shifts vulnerability in the transition to motherhood’  
Advisor: Prof. Beatriz Priel  
(2000–2001– A research fellow at the Department of Behavioural Sciences Ben Gurion University, Beer–Sheva Israel)
- Post–Doc** July 2001 – August 2002  
Department of Psychology, York University, Toronto, ON, Canada.  
Personality and social psychology:  
**Field of Study–1**: Perfectionism as a Personality Vulnerability to Depression.  
Advisor: Prof. Gordon L. Flett



2. Psychopathology/abnormal–psychology
3. Human’s Development
4. Personality vulnerability and the interpersonal context: Theory and research
5. Decision making reassignment
6. Personality Theories
7. Child Psychopathology
- 2009 – 8. Introduction to Psychology
9. Employers' selection
10. Individual differences/Personality theories

### **Membership in Professional Organizations**

1. Israeli Psychological Association
2. The Society for Personality and Social Psychology (SPSP)– international
3. The Society for Social and Clinical Psychology (SCSP)– international
4. The Israeli Association for Humor Studies

### **Professional activities**

#### **Associate Editor**

2012 – *Self and Identity* – <http://www.tandf.co.uk/journals/pp/15298868.html>

#### **Editorial Board / Consulting Editor**

2004 – *Psychology Research Journal (PRJ)* – <http://www.idrg.org/prj/board.htm>

August 2005 – *Individual Differences Research (IDR)* –  
<http://www.idrg.org/idr/board.htm>

2007 – *Journal of Social and Clinical Psychology (JSCP)* –

[http://www.guilford.com/cgi-in/cartsript.cgi?page=pr/jnsc.htm&sec=editorial\\_board](http://www.guilford.com/cgi-in/cartsript.cgi?page=pr/jnsc.htm&sec=editorial_board)

2011 – *International Perspectives in Psychology: Research, Practice and Consultation*

<http://www.apa.org/pubs/journals/ipp/index.aspx>

2012 – *International Journal of Stress Management*

<http://www.apa.org/pubs/journals/str/index.aspx>

2012 – *The Israeli Journal of Humor Research: An International Journal*

<http://www.israeli-humor-studies.org/122789/Editorial-and-Advisory-board>

2012 – *Disaster Health*

<http://www.landesbioscience.com/journals/disasterhealth/editorialboard/>

### **Ad Hoc Editorial Reviewer**

2002 – *Personality and Individual Differences*

2004 – *Social Behavior and Personality*

2004 – *Psychoneuroendocrinology*

2005 – *Journal of Social and Clinical Psychology*

2005 – *Clinical Psychology & Psychotherapy*

2005 – *Depression and Anxiety*

2006 – *Israel Journal of Psychiatry*

2006 – *Behaviour Research and Therapy*

2007 – *Journal of Social and Personal Relationships*

2007 – *Personal Relationships*

2007 – *Journal of Personality*

2007 – *Fertility and Sterility*

2007 – *Journal of Happiness Studies*

2008 – *Journal of Traumatic Stress*

2011 – *Intentional Journal of Stress Management*

2011 – *International Journal of Psychology and Counselling*

### **Ad Hoc Grants Reviewer**

2007 – Israel Science Foundation (ISF), assistance in reviewing research proposals

### **Ad Hoc MAs and PhDs Critical Reviewer**

2003 – Ad hoc reviewer for master and doctorate theses for several Israeli and abroad universities.

### **Ad Hoc Member of Promotion Committees**

2005 – Ad hoc member of promotion committees for several Israeli colleges and referee of promotion for candidates of several colleges and universities in Israel and abroad.

### **Research Grants**

2005 – 2007 *Grant #6524 from the Chief Scientist of the Israeli Ministry*

of Education. Social skills shortcomings among children with ADHD associate with difficulties in emotional recognition: The proposal and examination of an explanatory model, conducting and evaluating of an intervention program. With Beatriz Priel.

## Scientific Publications

### Refereed Articles in Scientific Journals (peer reviewed)

1. Priel, B., & Besser, A. (1999). Vulnerability to postpartum depressive symptomatology: Dependency, self-criticism, and the moderating role of antenatal attachment. *Journal of Social and Clinical Psychology, 18*, 240–253. DOI: [10.1002/cpp.597](https://doi.org/10.1002/cpp.597)
2. Priel, B., & Besser, A. (2000). Dependency and self-criticism among first-time mothers: The roles of global and specific support. *Journal of Social and Clinical Psychology, 19*, pp.437–450. DOI: [10.1521/jscp.2000.19.4.437](https://doi.org/10.1521/jscp.2000.19.4.437)
3. Priel, B., & Kantor, B., & Besser, A. (2000). Two maternal representations: A study of Israeli adopted children. *Psychoanalytic Psychology, 17*, 128–145. DOI : [10.1037/0736-9735.17.1.128](https://doi.org/10.1037/0736-9735.17.1.128)
4. Priel, B., & Besser, A. (2000). Adult attachment styles, early relationships, antenatal attachment and perceptions of infant temperament: A study of first-time mothers. *Personal Relationship, 7*, 291–310. DOI: [10.1111/j.1475-6811.2000.tb00018.x](https://doi.org/10.1111/j.1475-6811.2000.tb00018.x)
5. Priel, B., Melamed-Hass, S., Besser, A. & Cantor, B. (2000). Adjustment among adopted children: The moderating role of maternal self-reflectiveness. *Family Relations, 49*, 389–396. DOI: [10.1111/j.1741-3729.2000.00389.x](https://doi.org/10.1111/j.1741-3729.2000.00389.x)
6. Priel, B & Besser, A. (2001). Bridging the gap between attachment and object relations' theories: A study of the transition to motherhood. *British Journal of Medical Psychology, 74*, 85–100. DOI: [10.1348/000711201160821](https://doi.org/10.1348/000711201160821)
7. Heisel, J, M., Flett, L. G., & Besser, A. (2002). Cognitive functioning and geriatric suicide ideation: Testing a mediational model. *American Journal of Geriatric Psychiatry, 10*, 428–436. DOI: [10.1097/01.JGP.0000218699.27899.f9](https://doi.org/10.1097/01.JGP.0000218699.27899.f9)
8. Priel, B & Besser, A. (2002). Perceptions of early relationships during the transition to motherhood: The mediating role of social support. *Infant Mental Health Journal, 23*, 343–360. DOI: [10.1002/imhj.10021](https://doi.org/10.1002/imhj.10021)
9. Davis, R.A., Flett, G.L., Besser, A. (2002). Validation of a new scale for measuring problematic Internet use: Implications for pre-employment screening. *CyberPsychology and Behavior, 5*, 331–346. DOI:[10.1089/109493102760275581](https://doi.org/10.1089/109493102760275581)
10. Vardy, D., Besser, A., Gesthalter, B., Buskila, D., Biton, A., & Amir, (2002). Reduced quality of life in psoriasis patients: The mediating role of experiences of stigmatization. *British Journal of Dermatology, 147*, 736–742. DOI: [10.1046/j.1365-2133.2002.04899.x](https://doi.org/10.1046/j.1365-2133.2002.04899.x)

11. **Besser, A., Priel, B., & Wiznizer, A. (2002).** Childbearing depressive symptomatology in high-risk pregnancies: The roles of working models and perceived spouse support. *Personal Relationships, 9*, 395–413. DOI: [10.1111/1475-6811.00026](https://doi.org/10.1111/1475-6811.00026)
12. **Besser, A., & Priel, B. (2003a).** Trait vulnerability and coping strategies in the transition to motherhood. *Current-Psychology: –Developmental, –Learning, –Personality, –Social, 22*, 57–72. DOI: [10.1007/s12144-003-1013-7](https://doi.org/10.1007/s12144-003-1013-7)
13. **Besser, A., & Priel, B. (2003b).** A multisource approach to self-critical vulnerability to depression: The moderating role of attachment. *Journal of Personality, 71*, 515–555. DOI: [10.1111/1467-6494.7104002](https://doi.org/10.1111/1467-6494.7104002)
14. Flett, L. G., **Besser, A., & Davis, R. (2003c).** Dimensions of perfectionism, unconditional self-acceptance, and depression. *Journal of Rational-Emotive and Cognitive-Behavior Therapy, 21*, 119–138. DOI: [10.1023/A:1025051431957](https://doi.org/10.1023/A:1025051431957)
15. **Besser, A., Flett, G. L., & Davis, R. (2003d).** Self-criticism, dependency, silencing the self, and loneliness: Testing for mediational model. *Personality and Individual Differences, 35*, 1735–1752. DOI: [10.1016/S0191-8869\(02\)00403-8](https://doi.org/10.1016/S0191-8869(02)00403-8)
16. Hewitt, P. L., Flett, G. L., **Besser, A., Sherry, S. B., McGee, B.J. (2003e).** Perfectionism is multidimensional: A reply to Shafran, Cooper, and Fairburn (2002). *Behaviour Research and Therapy, 41*, 1221–1236. DOI: [10.1016/S0005-7967\(03\)00021-4](https://doi.org/10.1016/S0005-7967(03)00021-4)
17. Sherry, S. B., Hewitt, P. L., **Besser, A., McGee, B. J., & Flett, G. L. (2004).** Self-oriented and socially prescribed perfectionism in the Eating Disorder Inventory perfectionism subscale. *International Journal of Eating Disorders, 35*, 69–79. DOI: [10.1002/eat.10237](https://doi.org/10.1002/eat.10237)
18. **Besser, A., Amir, M., & Barkan, S. (2004).** Who signs an organ transplant donor card? A study of personality and individual differences in a sample of Israeli university students. *Personality and Individual Differences, 36*, 1709–1723. DOI: [10.1016/j.paid.2003.07.012](https://doi.org/10.1016/j.paid.2003.07.012)
19. **Besser, A. (2004).** Self- and best-friend assessments of personality vulnerability and defenses in the prediction of depression. *Social Behavior and Personality, 32*, 559–594. DOI: [10.2224/sbp.2004.32.6.559](https://doi.org/10.2224/sbp.2004.32.6.559)
20. **Besser, A., Flett, L. G., & Hewitt, P. L. (2004).** Perfectionism, Cognition, and Affect in Response to Performance Failure vs. Success. *Journal of Rational Emotive Cognitive Behavior Therapy, 22*, 297–324. DOI: [10.1023/B:JORE.0000047313.35872.5c](https://doi.org/10.1023/B:JORE.0000047313.35872.5c)
21. Sherry, S. B., Hewitt, P. L., Lee-Baggley, D. L., Flett, G. L., & **Besser, A. (2004).** Perfectionism and thoughts about having cosmetic surgery performed. *Journal of Applied Biobehavioral Research, 9*, 244–257. DOI: [10.1111/j.1751-9861.2004.tb00103.x](https://doi.org/10.1111/j.1751-9861.2004.tb00103.x)
22. Lev-Wiesel, R., Amir, M., & **Besser, A. (2005).** Posttraumatic growth among female survivors of childhood abuse in relation to the perpetrator identity. *Journal of Loss & Trauma, 10*, 7–17. DOI: [10.1080/15325020490890606](https://doi.org/10.1080/15325020490890606)

23. Sherry, S. B., Hewitt, P. L., Lee-Baggley, D. L., Flett, G. L., & Besser, A. (2005). Perfectionism and interest in cosmetic surgery. *Plastic & Reconstructive Surgery*, *115*, 1806–1807. DOI: [10.1097/01.PRS.0000162170.43575.57](https://doi.org/10.1097/01.PRS.0000162170.43575.57)
24. Besser, A., & Priel, B. (2005). Interpersonal relatedness and self-definition in late adulthood depression: Personality predispositions, and protective factors. *Social Behavior and Personality*, *33*, 351–382. DOI: [10.2224/sbp.2005.33.4.351](https://doi.org/10.2224/sbp.2005.33.4.351)
25. Besser, A., & Priel, B. (2005). The Apple Does Not Fall Far From the Tree: Attachment Styles and Personality Vulnerabilities to Depression in Three Generations of Women. *Personality and Social Psychology Bulletin*, *31*, 1052–1073. DOI: [10.1177/0146167204274082](https://doi.org/10.1177/0146167204274082)
26. Flett, G. L., Besser, A., & Hewitt. (2005). Perfectionism, ego defense styles, and depression: A comparison of self versus informant ratings. *Journal of Personality*, *73*, 1355–1396. DOI: [10.1111/j.1467-6494.2005.00352.x](https://doi.org/10.1111/j.1467-6494.2005.00352.x)
27. Lev-Wiesel, R., Besser, A., & Laish, R. (2005). Measuring potency among preschool children: Instruments and intervention. *Child & Adolescent Social Work Journal*, *22*, 343–360. DOI: [10.1007/s10560-006-0076-3](https://doi.org/10.1007/s10560-006-0076-3)
28. Waniel, A. Besser, A., & Priel, B. (2006). Mother and self-representations: Investigating associations with symptomatic behavior and academic competence in middle childhood. *Journal of Personality*, *74*, 223–266. DOI: [10.1111/j.1467.6494.2005.00374.x](https://doi.org/10.1111/j.1467.6494.2005.00374.x)
29. Sherry, S. B., Hewitt, P. L., Besser, A., Flett, G. L., & Klein, C. (2006). Machiavellianism, trait perfectionism, and perfectionistic self-presentation. *Personality and Individual Differences*, *40*, 829–839. DOI: [10.1016/j.paid.2005.09.010](https://doi.org/10.1016/j.paid.2005.09.010)
30. Lev-Wiesel, R., & Besser, A. (2006). Male Definitions of Sexual Assault: The Role of the Perpetrator's Gender. *Individual Differences Research*, *4*, 46–50.
31. Besser, A., & Priel, B. (2006). Models of Attachment, Confirmation of Positive Affective Expectations and Satisfaction with Vacation Activities: A Pre-Post Panel Design Study of Leisure. *Personality and Individual Differences*, *41*, 1055–1065. DOI: [10.1016/j.paid.2006.04.011](https://doi.org/10.1016/j.paid.2006.04.011)
32. \*\*\*<sup>1</sup>Besser, A., & Blatt, S. J. (2007). Identity Consolidation and Internalizing and Externalizing Problem Behaviors in Early Adolescence. *Psychoanalytic Psychology*, *24*, 126–149. DOI: [10.1037/0736-9735.24.1.126](https://doi.org/10.1037/0736-9735.24.1.126)
33. Besser, A., Priel, B., Flett, L. G., & Wiznitzer A. (2007). Linear and Nonlinear Models in Vulnerability to Depression: Personality and Postpartum Depression in a High Risk Population. *Individual Differences Research*, *5*, 1–29.
34. Besser, A., Priel, B. (2007). Perceived Social Support, Malevolent Maternal Representations, and Older Adults' Depressed Mood. *Journal of Social and Clinical Psychology*, *6*, 728–750. DOI: [10.1521/jscp.2007.26.6.728](https://doi.org/10.1521/jscp.2007.26.6.728)

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<sup>1</sup> Since last promotion

35. **Besser, A., & Shackelford, T. K. (2007).** Mediation of the Effects of the Big Five Personality Dimensions on Negative Mood and Confirmed Affective Expectations by Perceived Situational Stress: A Quasi-Field Study of Vacationers. *Journal of Personality and Individual Differences*, *42*, 1333–1346. DOI: [10.1016/j.paid.2006.10.011](https://doi.org/10.1016/j.paid.2006.10.011)
36. Shackelford, T. K. & **Besser, A. (2007).** Predicting Attitudes toward Homosexuality: Insights from Personality Psychology. *Individual Differences Research*, *5*, 106–114.
37. Flett, G. L., **Besser, A.**, Hewitt, P. L., & Davis, R. (2007). Perfectionism silencing the self and depression. *Personality and Individual Differences*, *43*, 1211–1222. DOI: [10.1016/j.paid.2007.03.012](https://doi.org/10.1016/j.paid.2007.03.012)
38. Kats-Gold, I, **Besser, A.**, & Priel, B. (2007). The Role of Simple Emotion Recognition Skills among School Aged Boys at Risk of ADHD. *Journal of Abnormal Child Psychology*, *35*, 363–379. DOI: [10.1007/s10802-006-9096-x](https://doi.org/10.1007/s10802-006-9096-x)
39. Blatt, S. J., **Besser, A.**, & Ford, R. Q. (2007). Two Primary Configurations of Psychopathology and Change in Thought Disorder in Long-term, Intensive, Inpatient Treatment of Seriously Disturbed Young Adults. *American Journal of Psychiatry*, *164*, 1561–1567. DOI: [10.1176/appi.ajp.2007.05111853](https://doi.org/10.1176/appi.ajp.2007.05111853)
40. Priel, B., **Besser, A.**, Waniel, A., & Yonas-Segal, M. (2007). Interpersonal and intrapersonal processes in the formation of maternal representations in middle childhood: Review, new findings and future directions. *Israeli Journal of Psychiatry*, *44*, 255–265.
41. Waniel, A. **Besser, A.**, & Priel, B. (2008). Self- and maternal representations, relatedness patterns, and problem behavior in middle childhood. *Personal Relationships*, *15*, 171–189. DOI: [10.1111/j.1475-6811.2008.00192.x](https://doi.org/10.1111/j.1475-6811.2008.00192.x)
42. **Besser, A.**, Guez, J., & Priel, B. (2008). The Associations between Self-Criticism and Dependency and Incidental Learning of Interpersonal and Achievement Words. *Personality and Individual Differences*, *44*, 1696–1710. DOI: [10.1016/j.paid.2008.01.017](https://doi.org/10.1016/j.paid.2008.01.017)
43. **Besser, A.** & Priel, B. (2008). Attachment, Depression, and Fear of Death in Older Adults: The Roles of Neediness and Perceived Availability of Social Support. *Personality and Individual Differences*, *44*, 1711–1725. DOI: [10.1016/j.paid.2008.01.016](https://doi.org/10.1016/j.paid.2008.01.016)
44. **Besser, A.**, Flett, G. L., Hewitt, P. L., & Guez, J. Perfectionism, and cognitions, affect, self-esteem, and physiological reactions in a performance situation (2008). *Journal of Rational Emotive Cognitive Behavior Therapy*, *26*, 206–228. DOI: [10.1007/s10942-007-0067-0](https://doi.org/10.1007/s10942-007-0067-0)
45. Shackelford, T. K., **Besser, A.**, & Goetz, A. T. (2008). Personality, Marital Satisfaction, and Probability of Marital Infidelity. *Individual Differences Research*, *6*, 13–25.
46. **Besser, A.**, Vliegen, N., Luyten, P., & Blatt, S. J. (2008). Vulnerability to postpartum depression from a psychodynamic perspective: Systematic empirical base commentary on issues raised by Blum (2007). *Psychoanalytic Psychology*, *25*, 392–410.



47. Sherry, S. B., Law, A., Hewitt, P. L., Flett, G. L., & **Besser, A.** (2008). Social support as a mediator of the relationship between perfectionism and depression: A preliminary test of the Social Disconnection Model. *Personality and Individual Differences, 45*, 339–344. DOI: [10.1016/j.paid.2008.05.001](https://doi.org/10.1016/j.paid.2008.05.001)
48. **Besser, A.**, Flett, L. G., Guez, J., & Hewitt, P. L. (2008). Perfectionism, Mood, and Memory for Positive, Negative, and Perfectionistic Content. *Individual Differences Research, 6*, 211–244.
49. Flett, L. G., Endler, N.S., & **Besser, A.** (2009). Separation Anxiety, Perceived Controllability, and Homesickness. *Journal of Applied Social Psychology, 39*, 265–282. DOI: [10.1111/j.1559-1816.2008.00438.x](https://doi.org/10.1111/j.1559-1816.2008.00438.x)
50. **Besser, A.**, Priel, B. (2009). Emotional Responses to a Romantic Partner's Imaginary Rejection: The Roles of Attachment Anxiety, Covert Narcissism, and Self-Evaluation. *Journal of Personality, 77*, 287–325. DOI: [10.1111/j.1467-6494.2008.00546.x](https://doi.org/10.1111/j.1467-6494.2008.00546.x)
51. Manashko, S., **Besser, A.**, & Priel, B. (2009). Maltreated Children's Representations of Mother and Additional Caregiver: A Longitudinal Study. *Journal of Personality, 77*. DOI: [10.1111/j.1467-6494.2008.00558.x](https://doi.org/10.1111/j.1467-6494.2008.00558.x)
52. **Besser, A.**, Neria, Y. (2009). PTSD Symptoms, Satisfaction with Life and Prejudicial Attitudes towards the Adversary among Israelis Exposed to Ongoing Terrorist Attacks. *Journal of Traumatic Stress, 22*, 268–275. DOI: [10.1002/jts.20420](https://doi.org/10.1002/jts.20420)
53. **Besser, A.**, Neria, Y., & Haynes, M. (2009). Adult Attachment, Perceived Stress, and PTSD among Civilians Continuously Exposed to Terrorism in Southern Israel. *Personality and Individual Differences, 47*, 851–857. DOI: [10.1016/j.paid.2009.07.003](https://doi.org/10.1016/j.paid.2009.07.003)
54. **Besser, A.**, & Priel, B. (2010). Personality vulnerability, low social support, and maladaptive cognitive emotion regulation under ongoing exposure to terrorist attacks. *Journal of Social and Clinical Psychology, 29*, 166–201. DOI: [10.1521/jscp.2010.29.2.166](https://doi.org/10.1521/jscp.2010.29.2.166)
55. **Besser, A.**, Flett, L. G., & Hewitt, P. L. (2010). Perfectionistic Self-Presentation and Trait Perfectionism in Social Problem-Solving Ability and Depressive Symptoms. *Journal of Applied Social Psychology, 40*, 2123–2156. DOI: [10.1111/j.1559-1816.2010.00653.x](https://doi.org/10.1111/j.1559-1816.2010.00653.x)
56. Vliegen, N., Luyten, P., **Besser, A.**, Casalin, S., Kempke, S., & Tang, E. (2010). Stability and Change in Levels of Depression and Personality: A Follow-Up Study of Postpartum Depressed Mothers Hospitalized in a Mother-Infant Unit. *Journal of Nervous and Mental Disease, 198*, 45–51. DOI: [10.1097/NMD.0b013e3181c8aa57](https://doi.org/10.1097/NMD.0b013e3181c8aa57)
57. **Besser, A.**, & Neria, Y. (2010). The Effects of Insecure Attachment Orientations and Perceived Social Support on Posttraumatic Stress and Depressive Symptoms Among Civilians Exposed to the 2009 Israel-Gaza War: A Follow-up Cross-Lagged Panel Design Study. *Journal of Research in Personality, 44*, 335–341. DOI: [10.1016/j.jrp.2010.03.004](https://doi.org/10.1016/j.jrp.2010.03.004)

58. Neria, Y., **Besser, A.**, Kipper, D., & Westphal, M. (2010). A Longitudinal Study of Posttraumatic Stress Disorder, Depression and Generalized Anxiety Disorder in Civilians Exposed to War Trauma. *Journal of Traumatic Stress, 23*, 322–330. DOI: [10.1002/jts.20522](https://doi.org/10.1002/jts.20522)
59. **Besser, A.** & Zeigler–Hill, V. (2010). The Influence of Pathological Narcissism on Emotional and Motivational Responses to Negative Events: The Roles of Visibility and Concern About Humiliation. *Journal of Research in Personality, 44*, 520–534. DOI: [10.1016/j.jrp.2010.06.006](https://doi.org/10.1016/j.jrp.2010.06.006)
60. **Besser, A.**, & Priel, B. (2010). Grandiose Narcissism versus Vulnerable Narcissism in Threatening Situations: Emotional Reactions to Achievement Failure and Interpersonal Rejection. *Journal of Social and Clinical Psychology, 29*, 874–902. DOI: [10.1521/jscp.2010.29.8.874](https://doi.org/10.1521/jscp.2010.29.8.874)
61. Campos, C.R., **Besser, A.**, & Blatt, S. J. (2010). The Mediating Role of Self–Criticism and Dependency in the Association Between Perceptions of Maternal Caring and Depressive Symptoms. *Depression and Anxiety, 27*, 1149–1157. DOI: [10.1002/da.20763](https://doi.org/10.1002/da.20763)
62. **Besser, A.**, & Priel, B. (2011). Dependency, Self–Criticism and Negative Affective Responses Following Imaginary Rejection and Failure Threats: Meaning–Making Processes as Moderators or Mediators. *Psychiatry: Interpersonal and Biological Processes, 74*, 33–42. DOI: [10.1521/psyc.2011.74.1.31](https://doi.org/10.1521/psyc.2011.74.1.31)
63. Zeigler–Hill, V., **Besser, A.** (2011). Humor Style Mediates the Association Between Pathological Narcissism and Self–Esteem. *Personality and Individual Differences, 50*, 1196–1201. DOI: [10.1016/j.paid.2011.02.006](https://doi.org/10.1016/j.paid.2011.02.006)
64. Hewitt, P. L., Blasberg, J. S., Flett, G. L., **Besser, A.**, Sherry, S. B., Caelian, C., Papsdorf, M., Cassels, T. G., & Birch, S. (2011). Perfectionistic self–presentation in children and adolescents: Development and validation of the Perfectionistic Self–Presentation Scale—Junior Form. *Psychological Assessment, 23*, 125–142. DOI: [10.1037/a0021147](https://doi.org/10.1037/a0021147)
65. Campos, C.R., **Besser, A.**, & Blatt, S. J. (2011). The relationships between defenses and experiences of depression: An exploratory study. *Psychoanalytic Psychology, 28*, 196–208. DOI: [10.1037/a0022420](https://doi.org/10.1037/a0022420)
66. **Besser, A.**, & Zeigler–Hill, V. (2011). Pathological Forms of Narcissism and Perceived Stress during the Transition to the University: The Mediating Role of Humor Styles. *International Journal of Stress Management, 18*, 197–221. DOI: [10.1037/a0024826](https://doi.org/10.1037/a0024826)
67. **Besser, A.**, Luyten, P., & Blatt, S. J. (2011). Do Humor Styles Mediate or Moderate the Relationship Between Self–Criticism and Neediness, and Depressive Symptoms? *Journal of Nervous and Mental Disease, 10*, 757–764. DOI: [10.1097/NMD.0b013e31822fc9a8](https://doi.org/10.1097/NMD.0b013e31822fc9a8)
68. Levin, P. A., Albert, L., Besser, A., Smithe, D., Zelenski, A., Rosenkranz, S., et al. (2011). Secondary Traumatic Stress in Attorneys and Their Administrative Support Staff Working with Trauma-Exposed Clients. *Journal of Nervous and Mental Disease, 199*, 946–955. DOI: [10.1097/NMD.0b013e3182392c26](https://doi.org/10.1097/NMD.0b013e3182392c26)

69. Zeigler-Hill, V., Besser, A., & King, K. (2011). Contingent self-esteem and anticipated reactions to interpersonal rejection and achievement failure. *Journal of Social and Clinical Psychology, 30*, 1069-1096. DOI: [10.1521/jscp.2011.30.10.1069](https://doi.org/10.1521/jscp.2011.30.10.1069)
70. Campos, C.R., Besser, A., & Blatt, S. J. (2012). Distress Mediates the Association between Personality Predispositions and Suicidality: A Preliminary Study in a Portuguese Community Sample. *Archives of Suicide Research, 16*, 1-16. DOI: [10.1080/13811118.2012.640583](https://doi.org/10.1080/13811118.2012.640583)
71. Besser, A., & Neria, Y. (2012). When home isn't a safe haven: Insecure attachment orientations, perceived social support, and PTSD symptoms among Israeli evacuees under missile threat. *Psychological Trauma: Theory, Research, Practice, and Policy, 4*, 34-46. DOI: [10.1037/a0017835](https://doi.org/10.1037/a0017835)
72. Shultz, J. M., Besser, A., Allen, A., Hausmann, V., Schmitz, S., Kelly, F., et al. (in press). Six Hundred Nautical Miles from Danger: The Psychological Consequences of Indirect Exposure to Natural Disaster. *Prehospital and Disaster Medicine*. DOI: [10.1037/a0027996](https://doi.org/10.1037/a0027996)
73. Besser, A., Luyten, P., & Mayes, L.C. (in press). Adult Attachment and Distress: The Mediating Role of Humor Styles. *Individual Differences Research*. DOI: [10.1037/a0017835](https://doi.org/10.1037/a0017835)
74. Levin, P. A., Besser, A., Albert, L., Smithe, D., & Neria, Y. (in press). The Effect of Attorneys' Exposure to Clients' Traumatic Events on Functional Impairment, Depression, and PTSD Symptoms: A Cross-Lagged Longitudinal Study. *Law and Human Behavior*. DOI: [10.1037/a0017835](https://doi.org/10.1037/a0017835)
75. Zeigler-Hill, V., Besser, A., & Myers, E. M., Southard, A. C., & Malkin, M. L. (in press). The Status-Signaling Property of Self-Esteem: The Role of Self-Reported Self-Esteem and Perceived Self-Esteem in Personality Judgments. *Journal of Personality*. DOI: [10.1037/a0017835](https://doi.org/10.1037/a0017835)
76. Campos, C.R., Besser, A., Ferreira, R., & Blatt, S. J. (in press). Self-Criticism, Neediness, and Distress among Women Undergo Breast Cancer Treatment: A Preliminary Test of the Moderating Role of Adjustment to Illness. *International Journal of Stress Management*. DOI: [10.1037/a0027996](https://doi.org/10.1037/a0027996)

### **Book Reviews in Scientific Journals**

1. Besser, A. (2005). Interpersonal relatedness and self-definition: Two primary lines of personality development and experiences of depression. *Personality and Individual Differences, 38*, 1487–1490. Review of *Experiences of Depression: Theoretical, Clinical, and Research Perspectives* by Sidney J. Blatt. DOI: [10.1016/j.paid.2004.07.003](https://doi.org/10.1016/j.paid.2004.07.003)
2. Besser, A. (2005). Maladaptive aspects of perfectionism: A challenging multidimensional personality style. Review of *Perfectionism: Theory, Research, and Treatment*. Gordon L. Flett & Paul L. Hewitt (Eds.). *Israel Journal of Psychiatry, 42*, 290–291.

3. <sup>\*\*\*2</sup>**Besser, A. (2007)**. Anaclitic and introjective types of depressed patients: Specific nature of depressive experiences. Review of *Experiences of Depression: Theoretical, Clinical, and Research Perspectives* Sidney J. Blatt. *Israel Journal of Psychiatry, 44*, 330–331.
4. **Besser, A. (2007)**. Integrative Filling of the Gaps in the Understanding and Treatment of Depression. Review of *The Theory and Treatment of Depression: Towards A Dynamic Interactionism Model*; Jozef Corveleyn, Patrick Luyten, and Sidney J. Blatt, editors. *American Journal of Psychology (AJP), 120*, 325–327.

### **Book Chapters**

1. **Besser, A. (2005)** Interpersonal Relatedness and Self–Definition: A Model for Mood Shift Vulnerability in the Transition to Motherhood. In Lev Wiesel R. & Cwikal, J. (Eds.). *Mental Health in Israeli Women: Guard yourself*. Jerusalem: Brookdale, pp. 109–140. (In Hebrew).
2. <sup>3\*\*\*</sup>**Besser, A.,** Vliegen, N., Luyten, P., & Blatt, S. J. (2008). A psychodynamic perspective on depression. In W. Hansson and E. Olsson (Eds.), *New Perspectives on Women and Depression* (pp. 15–62). Nova Science Press. ISBN: 978-1-60456-648-2
3. **Besser, A.,** Flett, G. L., & Hewitt, P. L. (2010). Silencing the Self and Personality Vulnerabilities Associated with Depression. In Jack, D. & Ali, A. (Eds.), *Silencing the Self Across Cultures: Depression and Gender in the Social World* (pp. 285–312). New York, NY: Oxford University Press. ISBN: 0195398092, 9780195398090
4. **Besser, A., & Priel, B. (2010)**. Perceived social support, malevolent maternal representations, and older adults' depressed mood. In S. Carmel (Ed.), *Aging in Israel: Research, Policy and Practice (Schnitzer Studies in Israel Society)*: NJ: Transaction Publishers. ISBN: 1412811651
5. Weinberg, M., **Besser, A.,** Campeas, M., Shvil, E., & Neria, Y. (in press). Civilians Exposed to Terrorism and War Trauma in Israel: The Role of Intra– and Inter– Personal Factors. In X (Eds.), *Advances in Psychology Research. Volume 94* (pp. xx–xx). Nova Science Press.  
[https://www.novapublishers.com/catalog/product\\_info.php?products\\_id=3357](https://www.novapublishers.com/catalog/product_info.php?products_id=3357)  
7 ISBN: 978-1-62081-696-7

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<sup>2</sup> Since last promotion

<sup>3</sup> Since last promotion

### **Submitted for publication/under review – 2011-12**

Zeigler-Hill, V., & Besser, A. A Glimpse Behind the Mask: Facets of Narcissism and Feelings of Self-Worth. *Journal of Personality Assessment*.

Zeigler-Hill, V., & Besser, A., Perceivers' Feelings of Self-Worth and Their Attraction to Targets with Different Levels of Self-Esteem. *Personal Relationships*.

Campos, C.R., Besser., & Blatt, S. J. The Portuguese version of the Depressive Experiences Questionnaire: Results from a validation program. *Revista Brasileira de Psiquiatria*.

Besser, A., & Zeigler-Hill, V. Positive Personality Features and Stress among First-Year University Students: Implications for Psychological Distress and Self-Esteem. *Journal of Educational Psychology*.

### **Unpublished manuscripts**

**Besser, A., Priel, B. & Shahar, G. (1998).** *Israeli Adaptation of the DEQ: Psychometric Properties*. Unpublished Manuscript, Behavioral Sciences Department, Ben-Gurion University of the Negev, Beer-Sheva, Israel.

**Besser, A. (2002)** *An Integrative Model of Personality Vulnerability and Resilience: The Interpersonal Adaptive Aspects of Dependency, Guilt, and Other-oriented Empathy*. Unpublished Manuscript, Department of Psychology, York University, Toronto, Ontario, Canada.

Flett, L. G., Hewitt L. P., **Besser, A.**, Sherry S.B., Macdonald, S., Mosher, W.S., & Sawatzky L.D. (2002). Perfectionism, Attachment Styles, and Psychological Distress.

Vettese, L. C., Mongrain, M., **Besser, A.**, & Lubbers, R. (2009) Expressions of Attachment in Roommate Relationships.

### **Presentation at Conferences\Meetings**

#### **Conference Presentations (peer reviewed)**

1. **Besser, A., (1996).** Postpartum depression: Causes and consequences. Israel Ministry of Health, Southern District Meeting.

2. **Besser, A., & Priel, B. (1997).** Personality vulnerability to postpartum depression. Paper presented to the 26<sup>th</sup> Annual Meeting of the Israeli Psychological Association, Tel Aviv.
3. Priel, B., Melamed–Hass, S., **Besser, A., & Cantor, B. (1998).** Adjustment among adopted children: The moderating role of maternal self–reflectiveness. Paper presented to the Developmental Psychology Meeting, Ben–Gurion University of the Negev.
4. **Besser, A., (1999).** Personality and vulnerability in the transition to motherhood. The department seminar, Behavioral Sciences Department. Ben–Gurion University.
5. **Besser, A., & Priel, B. (1999).** Dependency and Self–criticism among first time mothers: The roles of global and specific support. Sixth European Congress of Psychology, Rome.
6. **Besser, A., (2000).** Personality vulnerability in the transition to motherhood: Moderating and mediating models for PPD. The Developmental Psychology Seminar, Behavioral Sciences Department. Ben–Gurion University.
7. Waniel–Izhar, A., Priel, B. & **Besser, A., (2000).** A model of self and maternal object representations. International Congress of Psychology. July 2000, Sweden, Stockholm.
8. **Besser, A., Priel, B., & Wiznitzer, A (2000).** High–Risk pregnancies: Personality, antenatal–attachment and perceived social support. *Personality and Social Psychology Division* of the American Psychological Association 108<sup>th</sup> Annual APA Convention August 4<sup>th</sup> – 8<sup>th</sup>, 2000 Washington, DC.
9. **Besser, A., & Priel, B. (2000).** New mothers’ maternal representations and social support affect newborn’s health. *Developmental Psychology Division* of the American Psychological Association 108<sup>th</sup> Annual APA Convention August 4<sup>th</sup> – 8<sup>th</sup>, 2000 Washington, DC.
10. **Besser, A., & Priel, B. (2001).** Emotional–Distress in the Transition to Motherhood: Dependency, Self–Criticism and Coping–strategies. American Psychological Association 109<sup>th</sup> Annual APA Convention, 24–28 August San Francisco, 24–28 August 2001.
11. Flett, G. L., Hewitt, P.L., Berk, L., & **Besser, A. (2001, July).** Perfectionism cognitions and concern over parenting mistakes in postpartum depression. In P.L. Hewitt (Chair), *Perfectionism and Depression*. Symposium conducted at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
12. Davis, R. A., Flett, G. L., & **Besser, A. (2002, August).** Click...The boss is coming! Managing employee Internet abuse. Poster presented at the American Psychological Association 110<sup>th</sup> Annual APA Convention August, Chicago, IL.
13. Davis, R. A., **Besser, A.** & Flett, G. L. (2002, August). Do people use the Internet to cope with stress? Poster presented at the American Psychological Association 110<sup>th</sup> Annual APA Convention August, Chicago, IL.

14. Pickering, D. I., Flett, G. L., **Besser, A.**, Hewitt, P.L., & Voicu. D. (2002, July). Personality, Relationship Attributions, and Dyadic Adjustment. The 11th International Conference on Personal Relationships, Halifax, Nova Scotia, Canada.
15. Davis, R.A., Flett, G.L., & **Besser, A.** (2003). Organizational commitment and job satisfaction in employee Internet abuse. In P. Mastrangelo (Chair), The Internet at work...or not: Preventing computer deviance. Symposium presented at the 18th Annual Convention of the Society for Industrial and Organizational Psychology, Orlando, FL.
16. **Besser, A.**, (2003, August). Role of defense mechanisms in perfectionism and psychological distress: A study of multisource approach. Poster presented at the American Psychological Association 111<sup>th</sup> Annual APA Convention August, Toronto, ON, Canada.
17. Waniel-Izhar, A., Priel, B. & **Besser, A.**, (2003, August). Self and other representations in middle childhood: Distinct or overlapping constructs? Poster presented at the American Psychological Association 111<sup>th</sup> Annual APA Convention August, Toronto, ON, Canada.
18. Law, A., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., Klein, C., & Yule, N. (2003, August). Perfectionism, self-esteem, and depression: Evidence for moderation and mediation. Poster session presented at the American Psychological Association 2003 111<sup>th</sup> Annual APA Convention, Toronto, Ontario, Canada.
19. Endler, N.S., Flett, G.L., & **Besser, A.** (2003, August). Trait separation anxiety, perceived controllability, and homesickness. Poster session presented at the American Psychological Association 2003 111<sup>th</sup> Annual APA Convention, Toronto, Ontario, Canada.
20. Davis, R.A., Flett, G.L., & **Besser, A.** (2003, August). Organizational Assessment of Employee Internet Behavior. In K. Young (Chair), Cyber-slacking and Internet Deviance in the Workplace. Symposium presented at the 110th Annual Convention of the American Psychological Association, Toronto, ON.
21. Law, A., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., Klein, C., & Yule, N. (2003, May). Trait perfectionism, self-liking, self-competence, and depression. Poster session presented at the Western Psychological Association 2003 Convention, Vancouver, British Columbia, Canada.
22. Law, A., Hewitt, P. L., Sherry, S. B., **Besser, A.**, Flett, G. L., Chorney, D., Klein, C. (2004, June). Perfectionism, social support, and depression. Poster session, Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
23. Flamenbaum, R., Flett, G., & **Besser, A.** (2004). Humiliation as a mediating factor in the link between dimensions of perfectionism and depression. *Canadian Psychology*, 45:2a, 73. Presented at CPA 65th Annual Convention, St. John's, NL.

24. Law, A., Sherry, S. B., Hewitt, P. L., Flett, G. L., **Besser, A.**, Hall, P. A., & Klein, C. (2004, June). Perfectionism, difficulty in accepting the past, and depression. Poster session, Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
25. Law, A., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., Klein, C., & Chorney, D. (2004, June). Perfectionism, self-esteem, and depression. Poster session, Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
26. **Besser, A.**, & Priel, B. Depression Among Older-Adults: The Roles of Dependency, Self-Criticism and Self-Efficacy (2004 August). Poster session presented at the American Psychological Association 2003 112<sup>th</sup> Annual APA Convention, Hawaii, USA.
27. Amari, E., Sherry, S. B., Hewitt, P. L., **Besser, A.**, Flett, G. L., & Lee-Baggley, D. L. (2005, April). Dependent perfectionism, reassurance seeking, and depressive symptoms. Poster session presented at the 85<sup>th</sup> Annual Convention of the Western Psychological Association, Portland, OR, U.S.A.
28. **Besser, A.**, & Blatt, S. J. (2006, August). Identity Consolidation and Internalizing and Externalizing Problem Behaviors in Early Adolescence. Poster presented at the 114<sup>th</sup> Annual Convention of the American Psychological Association, New Orleans, LA, USA.
29. Flett, G.L., Cheng, W., Hewitt, P.L., & **Besser, A.** (2006, May). Perfectionism, Anxiety, and Anxiety Sensitivity in Adolescents. 18<sup>th</sup> Annual Convention Association for Psychological Science (APS), New-York, USA.
30. Flett, G.L., **Besser, A.**, Hewitt, P.L., Sherry, S. B., Berk, L., & Filardo, E. (2006, May). Personality Vulnerability Factors, Reassurance Seeking, and Postpartum Depression. 18<sup>th</sup> Annual Convention Association for Psychological Science (APS), New-York, USA.
31. **Besser, A.**, & Blatt, S. J. (2006, August). Identity Consolidation and Internalizing and Externalizing Problem Behaviors in Early Adolescence. Poster presented at the 114<sup>th</sup> annual convention of the American Psychological Association 2006, New Orleans.
32. \*\*\*<sup>4</sup>Flett, G.L., Hewitt, P.L., Sturman, E.D., & **Besser, A.** (2007, August). Trait perfectionism and perfectionistic self-presentation in shame and depression. Paper presented at the annual meeting of the American Psychology Association, San Francisco, California.
33. Flett, G.L., **Besser, A.**, & Hewitt, P.L. (November, 2007). Perfectionism, Attachment Anxiety, Attachment Avoidance, and Depression in Pregnant Women. The Association for Behavioral and Cognitive Therapies 41<sup>st</sup> Annual Convention, Philadelphia.
34. **Besser, A.**, & Priel, B. Emotional Responses to a Romantic Partner's Imaginary Rejection: The Roles of Attachment Anxiety, Covert Narcissism, and Self-Evaluation. (July, 2008) ISPAR, Greece.

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<sup>4</sup> Since last promotion



35. Flett, G.L., Hewitt, P.L. & **Besser, A.** (August 2008). Perfectionism and Perfectionistic Self-Presentation in Postpartum Depression. Paper presented at the annual meeting of the American Psychology Association, Boston.
36. Flett, G.L., Hewitt, P.L. & **Besser, A.** (August 2008). Personality Vulnerability Factors and Parenting Self-Efficacy in New Parents. Paper presented at the annual meeting of the American Psychology Association, Boston.
37. Eitam, B., Neria, Y., **Besser, A.**, Scholer, A., A., Salomon, Z., Higgins, E. T., (May 2009). *When Safety Concerns Fail Us: Motivation and Posttraumatic Stress Disorder*. Poster to be presented at the Annual Convention of the Association for Psychological Science. San-Fransisco, California.
38. **Besser, A.** *Adults attachment, perceived stress and PTSD among civilians continually exposed to terrorism in southern Israel*. Paper to be presented at the annual meeting of the American Psychology Association, Toronto. (August 2009).
39. Flett, G. L., **Besser, A.**, Hewitt, P. L., Wright, K., Sherry, S. B., & Fowers, A. F. Trait Perfectionism, Perfectionistic Self-Presentation, Attachment Styles, and Depression. Paper to be presented at the annual meeting of the American Psychology Association, Toronto. (August 2009).
40. Nepon, T. B., Flett, G. L., **Besser, A.**, & Hewitt, P. L. (June 2009). *Perfectionistic Self-Presentation and Perfectionism Cognitions in Silencing the Self*. Paper to be presented at the Annual Convention of the Canadian Psychological Association, Montréal, Québec.
41. **Besser, A.**, & Priel, B. (July 2010). Dependency, Self-Criticism and Negative Affective Responses Following Imaginary Rejection and Failure Threats: Meaning-Making Processes as Moderators or Mediators. the 3<sup>rd</sup> International Congress on Interpersonal Acceptance and Rejection to be held in Padua, Italy.
42. Flett, L.G., Hewitt, P. L., & **Besser, A.** (May 30, 2010). *Trait Perfectionism and Perfectionistic Self-Presentation in Postpartum Depression*. APS.
43. **Besser, A.**, & Neria, Y. Predictors of Psychopathology among Civilians Exposed to 2009 Israel Gaza War. The XL Congress of the European Association of Behavioral and Cognitive Therapies (EABCT), October 7–10, 2010, Milan Italy.
44. Neria, Y., **Besser, A.**, & Westphal. M. (November 3–7, 2010). Mental Health Consequences of Exposure to War-Trauma: Longitudinal Relations between Perceived Social Support, Attachment Orientations, and Initial Emotional Responses. International Society for Traumatic Stress meeting. Symposium: Interpersonal/Social Processes in Trauma Adaptation: Theoretical Approaches Montreal, Canada.
45. **Besser, A.**, & Luyten, P. Always Look on the Bright Side of Life? Adult Attachment and the Interpersonal Regulation of Stress: The

Mediating Role of Humor Styles. Presentation at ISSID, July 2011.  
London.

### **Invited Keynote Addresses**

1. Moderation and Mediation in Psychological Research: Distinction, Hypothesis and Theoretical Implications. Department of Psychology, York University, Toronto, ON, Canada, October 2001.
2. Self-criticism and dependency in the context of the transition to motherhood and the postpartum period: Model validation in a four longitudinal studies. Department of Psychology, York University, Toronto, ON, Canada, November 2001.
3. Personality factors in vacation. Department of Management and Tourism, Ben Gurion University of the Negev, Beer-Sheva Israel, May, 2006.
4. Jury member PhD at the University of Leuven Belgium and invited talk on Object representations in older adults support and depression. Department of Psychology. Luven University Belgium, December 2007.
5. Invited talk on Personality vulnerability factors in PPD. Psychology Colloquium at the School of Psychology, the Interdisciplinary Center in Herzlia, February 2008.
6. Invited Symposium on Psychological Aspects of Prolonged and Direct Exposure to Terror: New Empirical Findings. The Psychological Aftermaths of Terror Attacks Theoretical and Therapeutic Perspectives at the School of Psychology, the Interdisciplinary Center in Herzlia, September 13–15 2009.
7. Neria, Y. & Besser, A. (June 2010) Civilians Exposed to Ongoing Rocket Attacks between 2000–2008: The Role of Trauma Exposure, Personality and Interpersonal Resources in Posttraumatic Stress Disorder. Tel-Chie College Convention: "From Helplessness to Active Coping: First Responders' Emergency & Disasters Mental Health Interventions."

### **Service to Community**

1990 – Volunteering for public lectures on “good-enough” parenting, forums, community groups, support groups for parent and children of special needs, communal-psychological prevention in local community, and emergency interventions.

### **Service at Sapir Academic College**

2002 – During the years served as a Member, Judge and currently as the General Prosecutor of the board for students' discipline – Sapir Academic Collage.

2010 – Member of the promotion committee – Sapir Academic Collage.

2010 – Member of the research and "sabbatical" committee – Sapir Academic Collage

2010 – Chairmen of the ethic committee – Sapir Academic Collage.